

So Soya+

SOY NEVER TASTED THIS GOOD!!!



A healthy diet low in saturated and trans fats may reduce the risk of heart disease. So Soya+ Veggie Chick'n Strips, So Soya+ Veggie Steak Strips and So Soya+ Ground Veggie Burger are low in saturated and trans fats.



A healthy diet containing foods high in potassium and low in sodium may reduce the risk of high blood pressure, a risk factor for stroke and heart disease. So Soya+ Veggie Chick'n Strips, So Soya+ Veggie Steak Strips and So Soya+ Ground Veggie Burger are high in potassium and sodium-free.

1. Soak in Hot Water for 15 minutes
2. Drain excess water
3. Use as Chicken, Beef or Tofu in any recipe

4 FAT FREE
4 GLUTEN FREE
4 SODIUM FREE
4 52% PROTEIN

4 CHOLESTEROL FREE
4 100% VEGETARIAN
4 NO ADDITIVES OR PRESERVATIVES

www.sosoya.com

Nutrition Facts

Per 3/4 cup (39g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 105	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Cholesterol / Cholestérol 0 mg	0 %
Sodium / Sodium 0 mg	0 %
Potassium / Potassium 780 mg	22 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 7 g	28 %
Sugars / Sucres 6 g	
Protein / Protéines 20 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	10 %
Iron / Fer	35 %